

Harlan County Agriculture & Natural Resources News FALL 2025

Harlan County
519 South Main Street
Harlan, KY 40831
(606) 573-4464
Fax (606) 573-4468
extension.ca.uky.edu

UPCOMING EVENTS

PLEASE CALL THE OFFICE TO REGISTER: 573-4464

Disaster Preparedness	Tuesday, September 9	5:30 p.m.
Harlan County Beekeepers	Tuesday, October 7	6:00 p.m.
Backyard Maple Workshop	Tuesday, October 21	6:00 p.m.

Disaster Preparedness Planning

In recent years, Harlan County has seen several disasters: flooding, wildfires, cold weather, utility outages, and more. Are you prepared? We'll hold an informational session on how to be prepared for a disaster. We'll cover preparedness needs, communication, the best informational sources, and you'll walk away with a plan to get your Disaster Preparedness Kit started. **Join us on September 9 at the Harlan County Extension Depot. The program will begin at 5:30pm.**

County Agriculture Initiatives Program

The Harlan County Conservation District is accepting applications for the 2025 CAIP Cost Share.

The County Agriculture Initiatives Program is available to landowners in Harlan County. Please contact the Conservation District office at (606) 573-2838 to schedule an appointment to apply for the CAIP program. Office hours are 7:00am until 2:30pm, Monday thru Thursday.



2025 CAIP (County Agricultural Initiatives Program) cost-share categories include:

- Agricultural Diversification
- AgTech & Leadership Development
- Animal, Large
- Animal, Small
- Farm Infrastructure
- Fencing & On-Farm Water
- Forage & Grain Improvement
- Innovative Agricultural Systems
- On-Farm Energy
- Poultry & Other Fowl
- Value-Added & Marketing

Preventing Home Pests

Fall is normally not the time that we see Asian Lady Beetles or Brown Marmorated Stink Bugs in the home but now is the time to begin to prevent them from entering your home. These pests begin their journey in the next month to find a warm location for the winter. Once inside the building, they will hold up for the winter and then make their way in to the residential areas of the building during the late winter and early spring once the weather begins to warm up. This usually occurs first on the sunnier, southwest side of the building. As awakening beetles attempt to escape to the outdoors, some wander inward, emerging from behind baseboards, walls, attics, suspended ceilings, etc. Since the lady beetles are attracted to light, they are often seen around windows and light fixtures.

The best way to prevent the beetles from entering your dwelling is to begin pest proofing your home now. It's best to deal with lady beetles outside, before they enter your home.

Following these guidelines will help pest proof your home or place of business. Several tips also will conserve energy and increase the comfort level this fall and winter.

Install door sweeps or thresholds at the base of all exterior entry doors, paying particular attention to the bottom corners that are a common entry location. Check for light entering under doors; this indicates possible pest entryways.

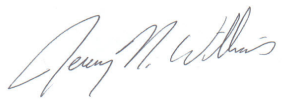
To close other potential pest entries, apply caulk on the bottom outside edges and sides of door thresholds; fit garage doors with a rubber bottom seal because vinyl seals poorly in the winter; and seal gaps under sliding glass doors by lining the bottom track with foam weather stripping one-half to three-fourths inches wide.

Utility openings where pipes and wires enter the foundation and siding are common entry points. You can use caulk, cement, urethane expandable foam, steel wool and copper mesh to plug openings around outdoor faucets, receptacles, gas meters, clothes dryer vents and telephone or cable television wires.

Apply a good-quality silicone or acrylic latex caulk to cracks around windows, doors, fascia boards and other openings. Before you apply the caulk, clean existing caulk, and remove any that's peeling to aid adhesion.

To reduce the entry of lady beetles and other overwintering pests, repair gaps and tears in window and door screens. Keep windows closed to prevent entry.

If pests are already inside the home the best way to remove them is with a vacuum cleaner. Insecticide foggers or sprays are generally not recommended for eliminating the beetles indoors. Beetles need to be sprayed directly, or they have to crawl over a surface that is treated with an insecticide. Using such applications will create pesticide residues on walls, counter tops, and other surfaces. Therefore, a vacuum cleaner is more sanitary and effective.



Jeremy N. Williams
County Extension Agent
For Agriculture/Natural Resources

Apple Cole Slaw

Servings:12

Serving Size:1/2 cup

Recipe Cost:\$3.38

Cost per Serving:\$.28

Ingredients:

- 2 apples (red and green), cored and chopped
- ½ head of green cabbage, shredded (3 cups)
- 1 cup shredded carrots
- 1 tablespoon honey
- ¾ cup low fat vanilla yogurt
- raisins or grapes (optional)

Directions:

1. Mix yogurt and honey in a large bowl.
2. Add other ingredients and mix together lightly.

Source: Debra Cotterill, Director, Nutrition Education Program University of Kentucky, Cooperative Extension Service

Nutrition facts per serving: 45 calories; 0 g total fat; 0 g saturated fat; 0 g trans fat; 0 mg cholesterol; 25 mg sodium; 10 g total carbohydrate; 2 g dietary fiber; 7 g sugars; 1 g protein; 30% Daily Value of vitamin A; 40% Daily Value of vitamin C; 4 % Daily Value of calcium; 2% Daily Value of iron





University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Harlan County
519 South Main Street
Harlan, KY 40831-1911

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